

Reflecting God's Love in Community
BALGOWLAH CROMER FRESHWATER MANLY

# Welcome to Worship Connections



#### Sunday 9 March 2025

This week's Lectionary reading

Lent 1: Dt 26:1-11; Ps 91:1-2, 9-16; Rom 10:8b-13; Lk 4:1-13

Next week's Lectionary reading

Lent 2: Gen 15:1-12, 17-18; Ps 27; Phil 3:17 - 4:1; Lk 13:31-35 or Lk 9:28-36 (37-43a)

#### **In our Region Ministry**



The season of Lent and Easter is a journey rather than a single event. It is a journey that takes us from Ash Wednesday (Matthew 6:1-6, 16-21) through to Passion, or Palm, Sunday (Luke 19:28-40) and Holy Week to the cross on Good Friday (Isaiah 52: 13 - 53:12) and to the joyous discovery that the tomb is empty, and that Christ is risen on Easter Day (Luke 24:1-12).

No matter how many times we walk this path there are ideas and images to be shaken loose and repented of, there are wounds we have not attended to or been ready to be healed of, and there are divine embraces and feasts to be enjoyed. Because the Lenten journey is very much the faith journey it is about letting go and receiving, being driven into the wilderness and ministered to, taking each step attentively even when the terrain we are travelling through is hard or momentarily uninspiring.

There are many resources for reflection during the season of Lent from within the UCA (Lent Event with a focus on recovery in Tonga and elsewhere: The Tear Fund's devotional series A World Transformed by Love to name a couple).

The above extract was provided by Rev Sue Lodge-Calvert who also has an online Lenten devotional series The Path of Descent - https://www.companionsontheway.com/blog

Suggested readings taken from With Love to the World.

**Blessings Jane** 

#### **Uniting Climate**

Ucan enlivens the Uniting Church community in their care for God's creation and action for a safe climate future for all, as an integral part of faith and discipleship. Keep up to date on upcoming events, actions and resources via this link



## Playgroup Coordinator III Footsteps If you or anyone you know would be interested in our Playgroup Coordinator role, it is part time (10 hours per week), and a great opportunity to meet with families and carers in our community. For more details or a copy of the Position Description and Job Tasks, please email Steph at comms@nbuniting.org.au

#### Coming up events ...





You are welcome to join a local churches in your area, as we come together for a service and morning tea.

Manly Presbyterian Church 56 Raglan St, Manly Friday 7 March @ 10am

The Salvation Army Dee Why 1 Fisher Rd, Dee Why Friday 14 March @ 10:30am



Saturday 22 March 3.30-5.30pm Balgowlah Uniting Church, 122 Condamine St

Join our creative activity for the community providing an experience that intertwines creative expression with inner reflection, inspiration and useful creative skills which help participants become confident with continuing their own creative spiritual journaling practice outside of 'Afternoons of Art'.

This monthly creative space is for adult learners, including older teens.

Please use the booking link to secure your place or visit our website www.nbuniting.org.au

https://www.trybooking.com/CUROM

For More Info comms@nbuniting.org.au



Come join us to play, sing or listen to music. All levels, genres and instruments welcome, a piano is provided. If you need backing tracks, a sound systems available. Light refreshments are provided. FREE ADMISSION



SATURDAY 12 APRIL, 4 - 5PM
NBUC @ BALGOWLAH, 122 CONDAMINE ST

All enquiries contact Jeremy jeremykoay@hotmail.com or 0416 015 152

#### **Balgowlah**



Think Communion Think Community This week at our Communion service at Balgowlah donations of food cards or cash for Opal Cards will gratefully be received for the Women's Shelter.



Last Friday I attended the NBWS's International Women's Day Breakfast and speakers reflected on various aspects around this year's theme: March Forward.

What does this look like for the workers and for the women that come through the 12-week Crisis programme?

Speakers talked about the people behind the scenes that encouraged the women in their journey; about it being an opportunity to reclaim and rejoin. Of being empathetic to the women, but at the same time, being able to drive them forward to prepare to re-enter the *real world*. Many spoke of the need to pivot – the ability to adjust and change & see where the need is.

What moved me this year was the District Commander of NB Police Unit, and the Head of Domestic Violence Team received a huge round of applause when they were introduced. There is a team of three full time police officers in the NB Command's DV unit – one of those is specifically for children. I found this quite disturbing, to me it seemed quite a large level of resources just for our NB area. Sadly, the need is very real. *Jane* 

### SCHOOL for

#### Shrove Tuesday

On Tuesday SFS enjoyed pancakes for morning tea signifying the start of Lent. We raised \$50 which we will donate to NB Lifeline for the vital work they do in our community.



#### **Cromer**



#### **Freshwater**



Join us this Friday 7 March



#### **NBUC Preaching Roster**

#### **Sunday 9 March**

Balgowlah: Jane Yabsley with Rev. Ben Gilmour presiding over HC

Cromer: Rev. Sisilia Tupou Thomas (HC) Freshwater: Pastor Jennifer Johnson

#### **Prayer Requests**

God help us to change.

To change ourselves and to change our world.

To know the need for it. To deal with the pain of it. To feel the joy of it.

To undertake the journey without understanding the destination

The art of gentle revolution.

Amen

Prayers for all who are being impacted by cyclone Alfred.

Prayers for all the animals in our environment with World Wildlife Day on Monday 3 March.

Please continue to keep Win Garland, Margaret Rees, Jean Aldren, Ian Lovelace, John Bennett, Heather Peterson, Trish Byrne, Ailsa Nixon, Peggy Mathys and Barbara Easton in your thoughts and prayers.

Continued prayers for the Northern Beaches Women's Shelter and their clientele.

Continued prayers for Pope Francis.

Continued prayers for all as we embark on Lent.

Continued prayers for our sites and their activities.

Continued prayers for our NBUC community.

#### **NBUC** Activities

You are welcome to join us at any of our activities below, for more information on any activity please email <a href="mailto:comms@nbuniting.org.au">comms@nbuniting.org.au</a>

#### **Mondays**

Little Footsteps Playgroup @ 9.30am @ NBUC Balgowlah

Life Group (fortnightly) @ 10-11.15am @ NBUC Cromer next one is 10 March

#### **Tuesdays**

Cromer Craft @ 9.30pm @ NBUC Cromer

School for seniors @ 9.30am @ NBUC Balgowlah

**Crumbs Small Group** @ 7pm (online)

#### **Fridays**

Cromer Gentle Exercises @ 9.30am @ NBUC Cromer

Cromer History & Travel Talk @ 11am @ NBUC Cromer

Youth Group @ 4pm @ Freshwater (fortnightly) next one is 7 March